

A Thirst for Life



Aliva Oral Hydration System  
User Guide

# Setting up the System



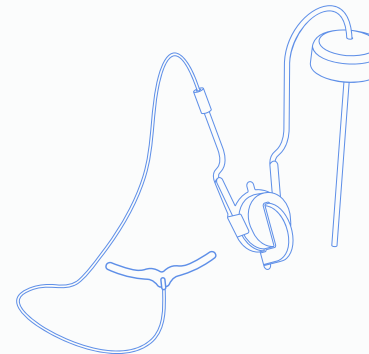
## Step 01

Remove the metal cap and fill a clean bottle with drinking water of your own choice



## Step 03

Get a new, unused mouthpiece



## Step 02

Place the bottle in the bottle holder



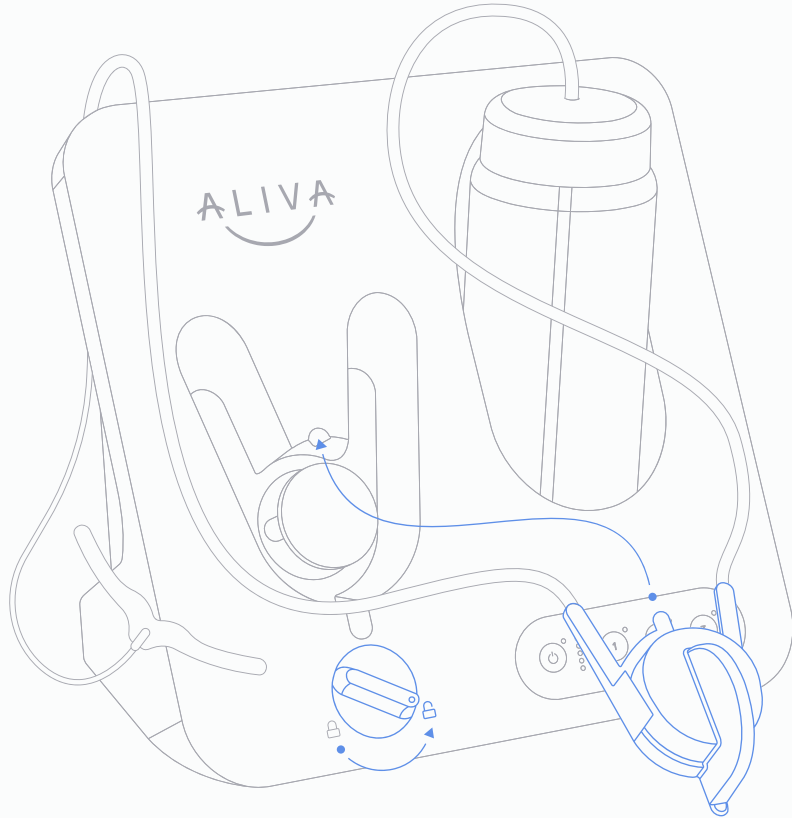
## Step 04

Place the inlet of the tubing into the bottle. Then push the silicone cap onto the bottle and seal the opening



### Step 05

Turn the lock counterclockwise into the open position



### Step 06

Hook the top of the Easy-bracket into position



### Step 07

Gently push the lower part of the bracket into position

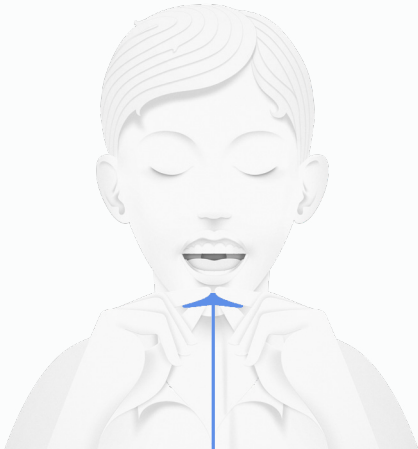


### Step 08

Turn the lock of the Aliva oral hydration pump clockwise to the closed position

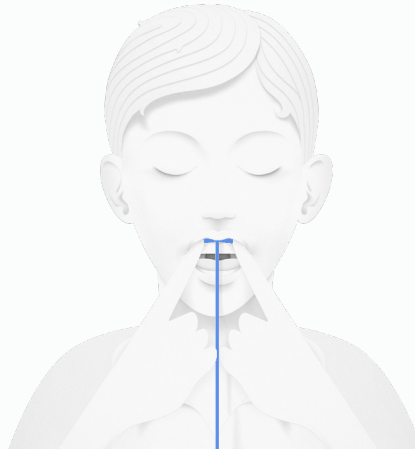


## How to place the Mouthpiece



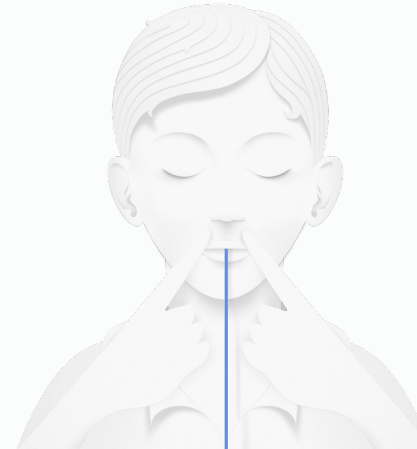
### Step 01

Place the mouthpiece on your upper row of teeth. It is recommended to moisten the mouthpiece before placing it, particularly if your mouth is excessively dry



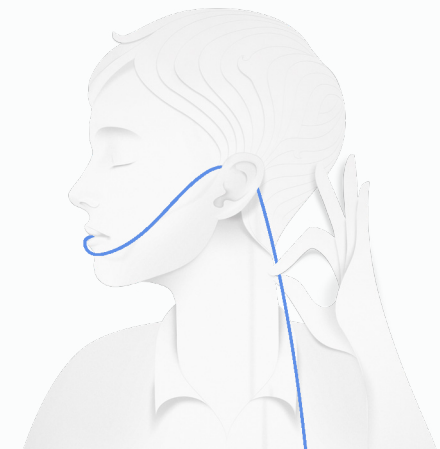
### Step 02

Use your two index fingers to push the mouthpiece to the gum



### Step 03

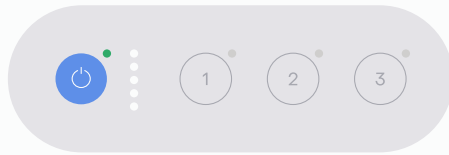
Use your fingers to smoothen the mouthpiece gently into place against your gums. You may find it helpful to use the tip of the tongue to adjust it comfortably



### Step 04

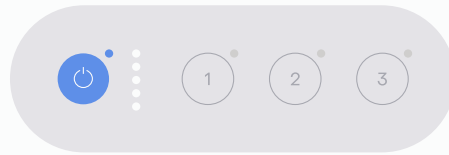
For comfort and convenience, place the tube behind your ear

# Starting and stopping the flow of the water



## Step 01

Set the main power switch in the ON position (back side of pump). The green light above the blue Operation button indicates Standby mode is active



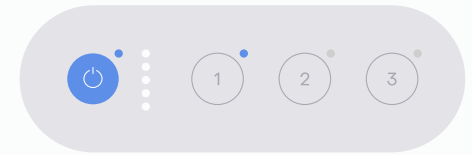
## Step 02

Press the blue Operation button. The Operation LED lights up blue when a valid Easy-bracket is installed correctly



## Step 03

To quickly prime a newly installed mouthpiece with water, press and hold any of the flow rate buttons for three seconds and the pump will speed up for app 30 sec. The Priming mode is indicated by a flow level LED flashing blue



## Step 04

Press the flow level button with the desired flow level: 1, 2 or 3. The LED of the active flow level lights up blue and the pump starts

To change the flow rate from one level to another, simply press the desired flow rate button.

To stop the flow and set standby mode, simply press the blue Operation button. The LED above the Operation button will light green.

## LED light indications

**Main Power OFF**  
No LEDs light

**Main Power ON**  
Standby mode, Operation LED lights green

**Operation activated**  
Ready for use, Operation LED lights blue

**Priming mode**  
The LED above selected flow level button (either 1, 2 or 3) is flashing blue

**Operation mode**  
The LED above Operation button and selected flow level button (1, 2 or 3), lights blue

**Operation LED lights yellow**  
A valid Easy-bracket not detected. The pump will not start without a valid mouthpiece, due to a built-in safety mechanism

## Battery level LED indications

**Battery level indicator**  
5 white LED lights, 80–100% capacity. 1, 2, 3 or 4 white LED lights indicate 10–20; 20–40; 40–60 or 60–80 % capacity, respectively

**Battery level indicator**  
1 white LED light flashing, ≤ 10% capacity

**Battery empty**  
Operation LED lights yellow and all white LED lights are off. Battery is empty and needs recharge

To prevent the battery from draining when not in use, turn the Main power switch to the OFF position.

Battery is charging when Main power switch is in ON position and connected to power cable.



If you experience any issues with setting up the system or placing the mouthpiece, feel free to contact us.

This quick guide does not replace the full Instructions for Use (IFU). Refer to the IFU for complete safety and usage information.

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Original Instructions for use and other resources for use may be found on [www.aliva.no/IFU](http://www.aliva.no/IFU)



